

The rules are changing!

Are you ready?

2009-12 Racing Rules Seminar

Sheboygan Yacht Club, Sheboygan, WI

Saturday, March 28, 2009, 9 am - 5 pm

Instructor: Bill Gladstone

The new rules take effect January 1st! Prepare yourself for next season by attending US Sailing's 2009 Racing Rules Seminar, presented by North U. You'll learn how the new rules work and how they change the game. Using North U's 2009-12 Racing Rules Seminar Workbook, you'll see and solve situations on the racecourse and develop a sharper rules sense. Sheboygan Yacht Club is hosting the North U. 2009 Racing Rules Seminar in your area, so register with North U. today!

US Sailing Member Skipper...	\$115
Non-Member Skipper...	\$155
Attend and join US SAILING...	\$175
Each additional Crew...	\$85
US SAILING Certified Judges and Race Officers...	\$85
Junior Sailors and Students...	\$50
Lunch...	\$10 per person

presented by

North U.

www.northu.com 1-800-347-2457

Sheboygan Yacht Club

Education Seminars

March 7 *Race Management - 8:00 am - 5:30 pm*

This seminar is sponsored by the US Sailing Race Management Committee and the Sheboygan Yacht Club. The topics covered include: RC objectives, RC responsibilities, Sailing Instructions, RC jobs, RC equipment, Setting the Course, Starting system, Starting penalties, Before the Start, Before the During the Race, Finishing, and Scoring. The changes in The Racing Rules of Sailing 2009 - 2012 that effect Race Management will be discussed. The instructor for the seminar is John Strassman. John is a US Sailing Regional Race Officer and US Sailing Area K Race Officer. He is also the Secretary of the US Sailing Race Management Committee.

Course fee: \$45.00 for US Sailing Members
 \$65.00 for non-US Sailing Members, which includes; continental breakfast, lunch, test, Join the Race Committee Team book, and all workshop materials. You will need your own copy of the Racing Rules of Sailing 2009 - 2012.

March 28 *Racing Rules of Sailing* *2009 Rules Seminar presented by North U - 9:00 am-5:00 pm*

Every four years, the Racing Rules of Sailing change. Starting January 1, 2009, the new rules apply. The 2009 Rules Sailing Seminar will teach you all you need to know to race under the new 2009 - 2012 Racing Rules. You will learn about the changes to the Rules and how the new Rules will change the game. The Rules Seminar teaches us how to position your boat to make use of the rules. The instructor is North U Director, Bill Gladstone. Including with the seminar you will receive the Rules Seminar workbook.

Course fee: \$115.00 for US Sailing Members
 \$155.00 for non-US Sailing Members
 \$175.00 for non-US Sailing Members (includes US Sailing Club membership and 2009 Rule book) Junior Sailors (up to age 18) - \$50.00 Lunch \$10.00

You will need the new Rules book, Dave Perry's "Understanding the Racing Rules 2009- 2012." Cost: \$27.00 for US Sailing members \$30.00 for non-members.

April 4

North U - Weather for Sailors

9:00 am - 5:00 pm

The North U Weather for Sailors Seminar teaches sailors how to gather and interpret weather information and how to combine that information with their own observations to create a refined forecast; and then how to apply that forecast to their sailing, cruising, and racing. The course includes a broad overview of weather and weather systems, and gradually narrows its' focus to the wind and weather conditions you can expect aboard your boat.

The course will be taught by North U instructor, Pat Healy. He received his degree in Meteorology from the University of Wisconsin. After graduation he started a career in sailing. First with North Sails Midwest and Harken Yacht Fittings and then in 1976 as a coach at the US Naval Academy. He was Regatta Director for the 1995 AMERICA'S Cup Challenger Series, the Louis Vuitton Cup. He has written and lectured extensively on weather to groups throughout the US and Canada in 1996 he joined Commander's Weather where, among numerous projects, he has worked with crews preparing for the Newport-Bermuda Races, Annapolis-Newport and the Atlantic Challenge.

The complete list of seminar topics, course information and outlines are available on the Sheboygan Yacht Club website.

Course fee: \$10.00 book "Weather for Sailors"
\$20.00 - CD "Weather for Sailors." You can purchase the book, CD or both \$10.00 lunch.

April 25

Mark / Set Seminar

9:00 am - 4:00 pm

This course consists of three hours of classroom and three hours of on water instruction. Learn the responsibilities and proper maneuvering of the mark / set boat. The instructor for the seminar is John Strassman John is a US Sailing Regional Race Officer and US Sailing Area K Race Officer. He is also the Secretary of the US Sailing Race Management Committee.

Course fee: \$25.00 - includes lunch and handouts

July 11

Boating Safety Day

It's not too early to start planning for Boating Safety Day, sponsored by the US Coast Guard Station Sheboygan and the Sheboygan Yacht Club.

This year we are having more events, and again featuring shooting off flares, fire extinguisher demonstration, and USCG Helicopter rescue.

Mark your calendars, now!

CONTACT NADINE NACK FOR ADDITIONAL INFORMATION AND REGISTRATION AT (920) 452-4377.

COURSE OUTLINES AND DETAIL INFORMATION AVAILABLE ON OUR YACHT CLUB WEBSITE.

www.sheboyganyachtclub.com

US SAILING RACE OFFICER TRAINING & CERTIFICATION PROGRAM

RACE MANAGEMENT SEMINAR

Saturday, March 7, 2009

Sheboygan Yacht Club

214 Pennsylvania Avenue

Phone 920-458-6601; fax 920-458-7902

This seminar is sponsored by the US SAILING Race Management Committee and the Sheboygan Yacht Club. It is designed for people who have some race committee experience, but newcomers are also welcome. It will be held at the Sheboygan Yacht Club, will begin at 8:00 am and end at 5:30 pm.

The topics covered include: RC objectives, RC responsibilities, sailing instructions, RC jobs, RC equipment, setting the course, starting system, starting penalties, before the start, during the race, finishing, and scoring. The changes in The Racing Rules of Sailing 2009-2012 that affect race management will be discussed.

The principal instructor for the seminar is John Strassman. John is a US SAILING Regional Race Officer and US SAILING Area K Race Officer. He also is the Secretary of the US SAILING's Race Management Committee. He has taught several similar seminars and workshops. Andy Kiener will help with the teaching.

At the seminar you will need your own copy of The Racing Rules of Sailing 2009-2012 ("RRS"). If you are a US SAILING member, you should have received a copy. If you are not a US SAILING member, you can either join US SAILING and get a copy free, or purchase one from the US SAILING web site www.ussailing.org and click on Store, Racing, All Racing Rules). You will be given a copy of Join the Race Committee Team.

To prepare for the seminar you should try to answer the Study Questions, which are available on the US SAILING web site at <http://www.ussailing.org/racemgt/documents/RMStudy-Basic.pdf> select the Basic Seminar Study Questions. If you do not have Internet access, contact Phyllis Eades (see below) and she will mail you a copy of the Study Questions.

The Club Race Officer certification test, which is given at the conclusion of the seminar, is optional. However, in order to be certified as a US SAILING Club Race Officer, you are required to attend a complete seminar and to pass the test. In order to be certified as a Club Race Officer you will also need to have your own copy of the current US

SAILING Race Management Handbook, and meet the program's other criteria. The 2005 edition of the Race Management Handbook is available from the US SAILING website; the 2009 edition should be available by the end of 2008.

Registration using the US SAILING online registration system is encouraged. On the US SAILING web site www.ussailing.org click on the calendar. Then search for the seminar by clicking on "Select a specific category" then "Race Admin Education-Race Officer"; then "all future events" and "search." Locate this seminar and then click on "Register Online" and follow the directions. If you have any problem doing this, contact Race Administration at US SAILING 401-863-0400 ext. 655

The seminar fee (\$45.00 for US SAILING members and for non-members who do not take the test; \$65.00 for non-members who take the test) includes: continental breakfast, morning and afternoon breaks, lunch and all workshop materials. Send the attached registration confirmation, with your check or other method of payment, to the CYC. Please do not send the fee to US SAILING. Advance registration is strongly encouraged, and the number of participants is limited.

Schedule

0800 hours	Registration and continental breakfast
0815	Seminar begins
1200	Lunch
1640	Test
1710	Test debriefing
1730 hours	Seminar concludes

For further information, contact Nadine Nack at 920-452-4377

North U Weather for Sailors

Course Information and Outlines

The North U. Weather for Sailors Seminar teaches sailors how to gather and interpret weather information and how to combine that information with their own observations to create a refined forecast; and then how to apply that forecast to their sailing, cruising, and racing.

Prepared jointly by North U., Bill Biewenga, and Commanders Weather, the Weather for Sailors course is designed to help sailors, cruisers, and racers gather, understand, and interpret weather information. The course includes a broad overview of weather and weather systems, and gradually narrows its focus to the wind and weather conditions you can expect aboard your boat.

With the course, you receive the Weather for Sailors book and Weather for Sailors seminar on CD, plus the North U. Weather Routing Wizard CD Rom. The North U Weather Routing Wizard is a website which guides you through the process of gathering and analyzing weather information in preparation for your next sail.

The CD provides access to the Website.

WEATHER for SAILORS Seminar Topics includes:

- Global, continental, regional, and local weather
- Understanding and interpreting weather maps
- Sources of weather information
- Interpreting regional and local forecast information to create your own sailing forecast
- Short term (hours), medium term (overnight), and long term (several days) forecasting
- Matching the forecast to your observations: Is the forecast playing out as expected?
- Re-assessing the forecast through you own observations:
- What to expect when crossing a front, or when a front crosses you.
- Round the buoys race forecast examples and application
- Coastal cruising forecast examples and application
- Coastal racing forecast examples and application
- Distance racing forecast examples and application
- Passage making forecast examples and application You can spend a lifetime learning to be a better sailor. We are here to accelerate the process.

North U Weather for Sailors

Course Information and Outlines

Part I

- Intro
- Global Climatology
- Synoptic Scale Meteorology
- Local Conditions
- Global/ Synoptic/ Local Interaction

Part II

- Gathering Weather Info
- Evaluating Weather Info
- Planning Based on Vessel and Weather Info
- Acting on the Plan and Re-acting to Reality
- Role of “Routers”
- Routing Software

Part III - Examples for sailing, racing and cruising

- Here's the info
 - a. Type of sailing
 - i. Venue (Newport, Miami, SF, Chicago).
 - ii. Sail/ Race/ Cruising (delivery, day race, coastal cruise.
 - iii. Extent - day, coastal, passage (hours, days, weeks).
 - b. Forecast, weather map, and observations
- What do we expect the weather to do?
 - a. Use info to create a boat specific forecast
- How to Respond - What is our weather strategy?
 - a. Use forecast (and boat's capabilities) to plan a strategy
- How are we doing so far?
 - a. Evaluation test
 - i. Is it playing out as expected.
 - ii. Timing - on pace, faster or slower?

SHEBOYGAN YACHT CLUB
214 Pennsylvania Avenue
Sheboygan, WI 53081
(920) 458-6601

Seminar Registration

Name		Home phone
Address		Work phone
City		Cell phone
State	Zip	E - Mail

Please check the courses you are planning to take:

_____	March. 7	Race Management	US Sailing Members	\$45.00
			Non US Sailing Member	\$65.00
		<i>(Includes Continental breakfast, lunch, test, Race committee book)</i>		

_____	March. 28	Racing Rules of Sailing	US Sailing Members	\$115.00
			Non-Members	\$155.00
			* Non-Members	\$175.00
		<i>*(Includes US Sailing membership and 2009 Rule book)</i>		
			Junior Sailor (up to 18 years)	\$50.00
			Lunch	\$10.00
			New Rules Book for US Sailing Members	\$27.00
			Non-Members	\$30.00

_____	April. 4	North U - Weather for Sailors	Book	\$10.00
			CD	\$20.00
			Lunch	\$10.00

_____	April. 25	Mark / Set	Course	\$25.00
			<i>(Includes lunch and Handouts)</i>	

		TOTAL _____		

Make check payable to: Sheboygan Yacht Club
Mail this reservation form, with your check to:

Nadine Nack
Sheboygan Yacht Club
214 Pennsylvania Avenue
Sheboygan, WI 53081
(920) 452-4377
SEYacht@aol.com